

RAISING FUTURE

KENYA

STEP UP SEPTEMBER!

WALK, RUN, CYCLE, MOVE 80KM/ 50 MILES FROM NAIROBI TO KARITI

SUPPORTING YOUNG PEOPLE IN KENYA WITH A STEP UP TO BUILD A SECURE FUTURE, FREE FROM POVERTY

WWW.RAISINGFUTURESKENYA.ORG.UK

RECORD YOUR DAILY DISTANCE AND WEEKLY TOTAL

MON	TUE	WED	THU	FRI	SAT	SUN	TOTAL
	Get ready for your epic challenge!	1 You've left Nairobi!	2	3	4	5	
6	7	8	9	10 10 days done!	11	12	
13	14	15 Woo! Half way!	16	17	18	19	
20 Two thirds done!	21	22	23	24 Nearly there!	25	26	
27	28	29	30 You're at Kariti!	YOU DID IT! 	Thank you so much for your incredible support	Your fundraising will help young people in Kenya live free from poverty	